

# EUROPASS CURRICULUM VITAE

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## PERSONAL INFORMATION

Surname and Name: Tomasi-Ruatti, Cristina

Date of birth: 30/01/1965

Place of birth: Bolzano (Italy)

Citizenship: Italian

Residential address: Piazza Mazzini 18/43, 39100 Bolzano

Marital status: Married to Dr. Helmuth Ruatti (anesthesiologist and resuscitation specialist)

Children: Oliver (b. 10/05/2002), medical student in Salzburg

## PROFESSIONAL EXPERIENCE

02/1991 – 10/2003

Position: Assistant Physician at the First Internal Medicine Department

Employer: Regional Hospital of Bolzano

Main duties and responsibilities:

- Management of inpatients in Internal Medicine
- Head of the heart failure outpatient clinic
- Performing vascular ultrasound exams (arterial and venous)

10/2003 – present

Position: Specialist physician in private practice

Location: Private clinic in Piazza Mazzini, Bolzano

Main duties and responsibilities:

- Specialist consultations in Internal Medicine, Angiology, and osteoporosis management
- Nutritional therapy consultations, bioidentical hormone therapies, vascular, cardiac, and abdominal ultrasounds

## **EDUCATION AND TRAINING**

### Early schooling

1971 – 1976: M. Longon Elementary School, Bolzano

1976 – 1979: Archimede Middle School, Bolzano

1979 – 1984: G. Carducci Classical High School, Bolzano

### University and postgraduate degrees

1984 – 1991: Degree in Medicine, University of Innsbruck (Austria)

1991 – 1997: Specialization in Internal Medicine, University of Innsbruck (Austria)

1991 – 1994: Diploma in General Medicine

1997 – 1999: Specialization in Angiology, University of Innsbruck (Austria)

2014: Level II Master's in Osteoporosis and Bone Metabolism Diseases

2015: Master's in Orthomolecular Medicine (Austria)

2015 – 2021: Training in Bioidentical Hormone Therapy (France, Germany, Austria)

### Internships

1986: Volos, Greece – Internal Medicine, Regional Hospital

1987: Salzburg, Austria – Institute of Pathology

1988: Jerusalem, Israel – Family Medicine

1989: Baltimore, USA – Johns Hopkins University

## **PERSONAL SKILLS**

### Languages

Italian: Native

German: C2

English: B2

French: A2

Other competences

- Abdominal and vascular ultrasound (arterial and venous)
- Basic echocardiography
- Nutritional and dietary therapy (low-carb, ketogenic, etc.)
- Bioidentical hormone therapy
- Project development in osteoporosis and cardiovascular prevention

## **PUBLICATIONS**

1991: Contributed to the volume 'Drug Yearbook', Piccin Publisher

1991: Presented a study on diabetic neuropathy at the Diabetology Congress in Belluno

1993: Published the book 'Practical Guide for the Management of Diabetes Mellitus'

1997: Presented the study 'Simplified compression ultrasound strategy for the diagnostic management of patients with clinically suspected deep vein thrombosis' at the 15th International Congress on Thrombosis, Antalya, Turkey

1998: Published in BMJ articles related to vascular ultrasound studies